Dear Parents,

I hope everyone is having a wonderful year so far and getting ready for jacket weather. I only have a couple of refreshers for everyone. Please do not forget to participation in our Parent Workshops. You need to attend at least two meeting during this program year. There is a workshop every month for your convenience.

Please remember our pickup time is still 5:47 pm, the earliest. Early and late pick ups could result in termination from the program.

Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate Lights On Afterschool to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

Coquina Elementary Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, between 4:30-5:30 pm, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!

Upcoming Events

October 24
Lights On Afterschool 20th Year Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family’s needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children’s senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline
http://consciousdiscipline.com/resources