Dear Parents,

Can you believe how fast this year is flying by? The students have finished up Medical City and have begun our last over arching theme, World Expedition. We will be virtually traveling and learning about new places.

We have added a few new clubs to our roster and the students are enjoying learning new things. Our younger students are now taking a Zumba class and have Sports club once per week. Boy Scouts continues to come bi-weekly.

Most of our students have begun more intensive tutoring. They are involved in clubs, homework and tutoring until 5:30 and some until 5:45. Early pickups are interfering with our ability to complete services. Please keep early pickups to a minimum.

The cold weather has also joined us, and we are hopeful you are labeling your child’s jackets. We have many lost jackets on the stage in the cafeteria.

Don’t forget our check out time is 5:47-6:00. Make sure to send a note with your child to aftercare if they have been absent.

As always, if you have specific needs for your family, please let our aftercare team know. We are here if you need us.

Thank you for sharing your child with us.

Knowledge will bring you the opportunity to make a difference.

-Claire Fagin

Upcoming Events

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it’s you and your kids walking together.

2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day’s events without judgment.

3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.

4. Listen to music or watch a family show together.

5. Take a brain break and try deep breathing, stretching, or yoga.