

# BASA: Central

## Cambridge Elementary School

2000 Cambridge Dr. Cocoa, FL 32922

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Deborah Yosheda T: 321-617-7719

Dear Parents,

Please remember to remind your child of the importance of their behavior. Respect of everyone is an important part of our program. Here at Brevard After School, we want to have a place where all children feel comfortable and safe. Take a moment to review our Cambridge Brevard After School Discipline Policy. A copy of the policy can be provided upon request!

Encourage your child to read! Reading can open the doors to a wonderful world of imagination, curiosity, and fantasy. It should not be considered a punishment or a chore!

### Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.



"It does not matter how slow you go as long as you do not stop"  
-Confucius



### Upcoming Events



October 26

Lights On Afterschool

### How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

