

BASA: Central

Golfview Elementary School

1530 S. Fiske Blvd, Rockledge, FL 32955

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Diana Stephens T: (321)633-3570 ext. 4002

Dear Parents,

October is always a very special month for Brevard After School. It is all about celebrating what we do and the lives that we touch! Take a moment and come celebrate with us!

If you have not established a pin number for signing out your child, please see Mrs. Dee.

We are pleased to have the following Sponsors join us this month: Boy Scouts, Girl Scouts and Culinary! Be on the look out for all the wonderful and exciting activities your children will be a part of.

Lights On Afterschool

Each October 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

Golfview Elementary Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, **between 4:30-5:30 pm**, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!



"It does not matter how slow you go as long as you do not stop"
-Confucius



Upcoming Events



October 14

Student Holiday-No School

October 17

Parent Workshop-Sugar Overload

October 24

Lights On Afterschool 20th Year Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>