

BASA: EAST

Harbor City Elementary

1377 Sarno Road, Melbourne, FL 32935

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Lydia Reynolds T: 321-253-5051 x2

Dear Parents,

We have two opportunities for you to attend a workshop this month. Please check Upcoming Events for the dates.

Our students have begun their journey into gardening. We now have two garden boxes that the students built and they are filled with a lot of hard work. In two weeks, they will be planting vegetables. The garden boxes are located in the yard to the west of the Cafeteria, please come and see what the children are learning and growing.

We would like to have a Harvest Celebration on October 30th. Donations of refreshments and time will greatly be appreciated.

Thank you for your support

Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

Harbor City Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, **between 4:30-5:30 pm**, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!



"It does not matter how slow you go as long as you do not stop"
-Confucius



Upcoming Events



October 10

Family Curriculum

October 23

Eureka Math

October 24

Lights On

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>
