

# BASA: EAST

## Palm Bay Elementary School

1200 Allamanda Rd. Palm Bay, FL 32905

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Diane Spina T: 321-722-4186

Dear Parents,

Can you believe we have completed 5 weeks of school? We are now done with our Project Based Learning of Prehistoric World and are moving onto Timeline (Events of the past). They will be making Native American Medallions, Byzantine Mosaics, a Viking Brooch and a Greek Roman Amphora Vase to name a few. As part of their wellness games they will be learning about long time games like Stick Games, Greek Hoop Bowling and playing "Vikings are on the Hunt". Please remember to ask them to show or tell you about some of the activities they have been doing.

I want just to thank all of you for adhering to the 5:47 pick up time. This is very important to the funding of the program, and your all doing a great job.

### Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

**Palm Bay Elementary** Brevard After School will be coloring a light bulb coloring page in support and awareness of our Brevard After School program!



"It does not matter how slow you go as long as you do not stop"  
-Confucius



NITA M. LOWEY 21<sup>ST</sup> CENTURY  
COMMUNITY LEARNING CENTERS  
FLORIDA

### Upcoming Events



#### Afterschool Celebration

**October 22**

21<sup>st</sup> Annual Lights On

#### How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

