

BASA: EAST

Riviera Elementary School

351 Riviera Dr NE Palm Bay, FL 32905

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Christina Hall T: 321-676-4237 x5

Dear Parents,

Going into the month of October, we will have a new coordinator for afterschool. I will be moving on, and until Ms. Hurst finds the best person to permanently run our program, Ms. Thelma Warren will be here to make sure everyone is safe and sound. We will try to make the transition as smooth as possible.

This month the Girl Scouts will begin their visits to Riviera, and we will be here on Wednesdays from 3:30-4:30PM. Creature Feature will also begin this month, and we have students working with Mr. Gus from UH IFAS/4H learning about our environment.

Let's make it a great month!

Ms. Christina and the Afterschool Staff

Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

Riviera Elementary School: Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, **between 4:30-5:30 pm**, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!



"It does not matter how slow you go as long as you do not stop"
-Confucius



Upcoming Events



October 11 - Harvest Night

October 14 – No School

October 24

Lights On Afterschool 20th Year
Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

