

BASA: EAST

Riviera Elementary School

351 Riviera Drive NE, Palm Bay FL 32905

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Thelma Warren T: 321-676-4237 Extension 49013

Dear Parents,

Our first few weeks back to school have been filled with challenges but I am happy to report that we have met those challenges with positivity and success! Wearing masks, washing hands often and other CDC guidelines are being followed by students and staff alike. I would like to thank parents for encouraging your child to cooperate with these measures so we can all stay safe. Keep up the good work!

These past few weeks, students have enjoyed learning about dinosaurs and earning a badge. Participating in art, wellness and social-emotional learning activities with a prehistoric theme proved to be fun for all. Our next badge will be earned with the theme "Timeline-Events from the Past."

Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.



"It does not matter how slow you go as long as you do not stop"
-Confucius



NITA M. LOWEY 21ST CENTURY
COMMUNITY LEARNING CENTERS
FLORIDA

Upcoming Events



October 22

21st Annual Lights On
Afterschool Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

