

# BASA: North

## Coquina Elementary

850 Knox McRae Drive Titusville, FL 32780

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Rachael Burke T: 321-264-3060 ext. 43218

Dear Parents,

Welcome Back to our 21<sup>st</sup> CCLC program! We are very excited to have you back and are working very hard to start off our program with great success. Just a few reminders for some of our new families. Pick up time is no earlier than 5:47pm. Also, if your child attends school, they are required to attend unless they have a Dr. appointment.

Please help us make this program a great one! If you ever have any questions or concerns, I am always within arm's reach either by phone or email. Once again, WELCOME BACK!!

Rachael Burke

[Burke.rachael@brevardschools.org](mailto:Burke.rachael@brevardschools.org)

321-264-3060 ext. 43218

### Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.



"It does not matter how slow you go as long as you do not stop"  
-Confucius



NITA M. LOWEY 21<sup>ST</sup> CENTURY  
COMMUNITY LEARNING CENTERS  
FLORIDA

### Upcoming Events



#### October 22

21<sup>st</sup> Annual Lights On

Afterschool Celebration

#### How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

