

BASA: North Academy

Mims Elementary

2582 US Highway 1 Mims, FL. 32754

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Gail Budnik T: 321 264 3020

Dear Parents,

This month we will be discussing the Amazing World of animals. Do you know why animals are in such good shape? We will find out this month. Some of the animals we will talk about are Panda Bears, Zebras, Penguins, Chimps, Lions, and more. Students in our program will earn the Amazing Animals or World of Animals badge when they complete all the projects,

Please try to attend our Family Night on Oct. 7th Ms. Beverly will be here to make a healthy snack for all in our Cafeteria. It starts at 5:15 till 6:00 Students look forward to Ms. Beverly and her delicious food.

Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

Mims Elementary Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, **between 5:30-6:00 pm**, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!



"It does not matter how slow you go as long as you do not stop"
-Confucius



Upcoming Events



October 7

Kids in the Kitchen

October 24

Lights On Afterschool 20th
Year Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

