

BASA: North

Mims Elementary

2582 US Highway 1 Mims, FL 32754

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Gail Budnik T: 321 264 3202 Ext. 47729

Dear Parents,

This month we will be working on our I Spy and Secret Agent Badges. Students will engage in fun activities writing secret codes, secret messages, reading I Spy books, cracking the code, I Spy adventures, (hidden pictures), identifying their fingerprints, looking for clues in nature walks, and much more.

Our NASA Day will be on February 28th with Dr. Shaykhian doing a fun activity. Last month the students built buzz bots made out of toothbrushes and a battery. These buzz-botts were moving all over our room.

We look forward to a Super February.



Upcoming Events

Feb 19 No School

Feb 28 Screen Time, Parent workshop 5:15PM

Feb 28 NASA Day

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it's you and your kids walking together.
2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day's events without judgment.
3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.
4. Listen to music or watch a family show together.
5. Take a brain break and try deep breathing, stretching, or yoga.

Knowledge will bring you the opportunity to make a difference.
-Claire Fagin

