

# BASA: North

Mims Elementary

2582 US Highway 1 Mims, Fl.

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

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Dear Parents,

This month we will be earning badges for Medical City. We will be reading about Healthy Lifestyles, illnesses and their treatments and learning about brain boosting foods. We will have several outside activities to keep us active and well. We continue to care for our vegetable garden along with our 4H Director, and will be cooking with the Culinary program through 4H. We cooked last year and the students really loved it. Our Girl Scouts and Boy Scouts continue to learn and earn badges while having fun. We also will be making our own journals, friendship bracelets, and building a Lego city. Along with our Academic program we also find time for computer reading, math and key boarding.

Education is what remains after one has forgotten everything he learned in school.  
—Albert Einstein



## Upcoming Events

### March 17

Teacher Planning Day/Student Holiday

### March 30

Parent Workshop – Self Esteem  
5:15-6

## Test Taking Tips for Parents

- ✓ Keep a positive attitude about tests.
- ✓ Mark down test days on your calendar so you and your child are both aware of testing dates.
- ✓ Make sure that your child gets enough sleep on the night before the test.
- ✓ Ensure that your child eats a healthy breakfast and avoid heavy foods that may make him/her groggy and avoid high sugar foods that may make him/her hyper.
- ✓ Make sure that your child gets up early enough so that he/she will be on time to school.
- ✓ Talking about the test with your child can relieve stress about test taking.
- ✓ If your child is struggling on their tests, talk to them about it and meet with their teacher to find out the best way to help your child.
- ✓ Praise/reward your child when they do well on a test or for their hard work preparing for a test.

