



BASA: North

Oak Park Elementary

3395 Dairy Rd. Titusville, FL 32796

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Nancy Faris T: (321)269-3252 ex. 4002

Dear Parents,

We have started our Money Matters theme of Financial Literacy. The students will focus on different types of money and how each one has a different marking and look to them. We will also work on the concept of saving money by making a piggy bank.

We also started our 4H garden last month. We have planted our fruits and vegetables. We will take turns watering and weeding the garden.

Boy scouts come every Wednesday and Girl's scouts come every other Wednesday.

Please remind your children that they should bring out their homework during how homework club in the afternoon.

Upcoming Events

Feb. 1

Early dismissal
Boy scout's /Girl scout's

Feb. 8

Early dismissal
Boy Scout's

Feb. 15

Early dismissal
Boy Scouts

February 20

In-service Day/ No school

Feb. 22

Early dismissal
Boy's scouts

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it's you and your kids walking together.
 2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day's events without judgment.
 3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.
 4. Listen to music or watch a family show together.
 5. Take a brain break and try deep breathing, stretching, or yoga.
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Knowledge will bring you the opportunity to make a difference.
-Claire Fagin

