



BASA: North

Oak Park Elementary

3395 Dairy Rd Titusville Fl 32796

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Nancy Faris T:321 269-3252 ex 4002

Dear Parents,

The kids have been working hard in their pull out groups. Some of the groups were changed due to report card information. Some of the children now go more often to their groups.

We encourage the children to complete their homework here in our Afternoon program. There are many times throughout the day the children are told to work on their homework. Also, there is a homework time every day with Mrs. Mastroianni for 2nd-6th grade to receive help if they need it. There are also times throughout the day where the children are offered time to complete their required reading that most classes need to do. I will be happy to sign for their reading logs if you need me to.

The purpose of our program is to be a resource for your family.

Upcoming Events

Feb. 7th Early dismissal /Boy Scout's

Feb9th Girl Scout's

Feb. 10th Family Movie Night

Feb.14th Early Dismissal/Boy Scout's

Feb.19TH NO SCHOOL/President's Day

Feb.21st Early Dismissal/Boy Scout's

Feb.23rd Girl Scout's

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it's you and your kids walking together.
2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day's events without judgment.
3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.
4. Listen to music or watch a family show together.
5. Take a brain break and try deep breathing, stretching, or yoga.

Knowledge will bring you the opportunity to make a difference.
-Claire Fagin

