

# BASA: North

## Oak Park Elementary

3395 Dairy Road Titusville

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

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Dear Parents,

We are excited to have the Brevard After School Academy North grant back here at Oak Park. The children will start the 21<sup>st</sup> Century Grant program on Monday Oct. 5<sup>th</sup> afterschool. The Academic teachers will come every day Monday-Friday for 1 ½ hours. They will work on small group activities. They will also work on homework every day. Please remember that for our Program, attendance is important. The children need to come every day unless they are sick of course. Pick up time will be in the Bus loop. We will have the kids over there by 5:45 since pick up time begins at 5:47.

### Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help



“It does not matter how slow you go as long as you do not stop”  
-Confucius



NITA M. LOWEY 21<sup>ST</sup> CENTURY  
COMMUNITY LEARNING CENTERS  
FLORIDA

### Upcoming Events



#### October 22

21<sup>st</sup> Annual Lights On

Afterschool Celebration

Oct. 5<sup>th</sup> First day of 21<sup>st</sup>

Century Grant

Oct 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> Early dismissal

### How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

