

BASA: WEST

Columbia School

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<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

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Dear Parents,

I can't believe that it's already October. Slowly our weather is changing, and Fall is coming.

WE are still learning about Creatures of the World, wrapping up with learning about the insect world.

Some of the activities that we might do as we finish up with Insect World are: Create a 3D bug, Cursive Bug Name, Insect Tic Tac Toe and Queen Bee Says.

Then we will move onto the Creatures of the World. Some of the things we will learn and activities we can do are; week one: Giant Panda Bears, Bats in Flight, Why are Animals in Good Shape, and High-roller- Run like a Fox. Week two: We will be learning about Koala "Bear".... NOT, Lizard in 3D, the AMAZING Elephant Shrew, Leaping' Lizards and Frogs on the Lily Pad. Week three: We will Learn about Elephants, Mandrills, do Pop Art Chimps, Flamingos Body Balance, and playing a game about Keeping your Flock. We will wrap October up with Zebra in Negative, Penguins, Pop Art Lions, Giraffes, play a game to learn about Armadillos and learn and play a game about Coyote and Possum.

This month will sure fly by as quickly as the last 2 have. Please remember to check out our flyers for our upcoming workshops.

Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

Columbia Elementary Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, **between 4:30-5:30 pm**, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!



Upcoming Events



October 2

5 Steps to a Positive Bedtime Routine- Family Workshop

October 24

Lights On Afterschool 20th Year Celebration

October 30

Sugar Overload- Family Workshop

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline
LIGHTS ON AFTERSCHOOL
A PROJECT OF THE AFTERSCHOOL ALLIANCE

<http://consciousdiscipline.com/resources>

"It does not matter how slow you go as long as you do not stop"

-Confucius