

BASA: South

Sabal Elementary School

1401 N. Wickham RD. FL 32935

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Meghan Matthews T: (321)254-7261 ext 49613

Dear Parents,

We are off to a great start so far. We have learned about the Jurassic age and are now on to Events in the Past.

We are still going through a lot of changes on how we conduct our program, but the staff and students have adjusted to the routine. As we continue the school year there will be more changes that we go through and ask for your patience and understanding. As always if you have any questions or concerns please let me know.

Lights On Afterschool

Each October 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.



"It does not matter how slow you go as long as you do not stop"
-Confucius



NITA M. LOWEY 21ST CENTURY
COMMUNITY LEARNING CENTERS
FLORIDA

Upcoming Events



October 22

21st Annual Lights On
Afterschool Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

