

BASA: South

University Park Elementary

500 West University Blvd.

Melbourne Fl. 32935

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Tangela Wilson T: 321-724-5006

Dear Parents,

Happy Fall everyone! The season is changing and I'm excited about all the new enrichment opportunities. This month we are learning about Amazing animals and celebrating Lights on Afterschool. We will be discussing and reading books about different animal and the food they eat, and places they live. Lights on Afterschool will take place the 20th and this year we will focus on being kind and showing thanks to the people around us. Just as I appreciate each and every one of my parents that allow your student to be a part of my Aftercare program. Thanks!!

Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

University Park Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, **between 4:30-5:30 pm**, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!



"It does not matter how slow you go as long as you do not stop"
-Confucius



Upcoming Events



October 24

Lights On Afterschool 20th
Year Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

