

BASA: SOUTH

University Park Elementary

500 W university Blvd. Melbourne Fl. 32901

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Emily Forschino 321-724-5006

Dear Parents,

Happy February! January flew by with so much fun this year! This month we will continue clubs such as reading, boy scouts, girl scouts and gardening. We are also excited to start our new badge series with activities that teach us about physics and chemistry!

Please be reminded that pickup time is 5:47, continued early pick-ups can result in termination of your child's position in the 21st CCLC program. Also a gentle reminder that students need to keep all toys including slime and playing cards at home. If we see something from home it will be taken until the child goes home.

Have an awesome February everyone!

Thanks ,

Emily Forschino



Upcoming Events

February 15th
No school

Feb 18th
No school

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it's you and your kids walking together.
2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day's events without judgment.
3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.
4. Listen to music or watch a family show together.
5. Take a brain break and try deep breathing, stretching, or yoga.

Knowledge will bring you the opportunity to make a difference.
-Claire Fagin

