

BASA: South

University Park Elementary

500 West University Blvd. Melbourne FL. 32901

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Tangela Wilson Office Number: 321-724-5006

Dear Parents,

Love is in the air, February is known for Love and culture awareness. This Month we will celebrate the different cultures that makeup our program. My question to them are who are you? I want to celebrate the beautiful skin they are in. So take time out and discuss with your child their culture and family background. Where did your family come from, what are some old family traditions, pull old family pictures.

We will be doing a book challenge. The kids have to read 7 books for reading for 20 minutes For the month of February. Parents you have to sign off that did read the book. I will send a sheet home with everybody.

We are ready to get February started thanks for everything you Parents do.

Knowledge will bring you the opportunity to make a difference.
-Claire Fagin



FLORIDA'S 21ST CENTURY
COMMUNITY LEARNING CENTERS

Upcoming Events

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it's you and your kids walking together.
2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day's events without judgment.
3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.
4. Listen to music or watch a family show together.
5. Take a brain break and try deep breathing, stretching, or yoga.

