

BASA: South

University Park Elementary

500 west University Blvd. Melbourne 32901

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Tangela Wilson: 321-724-5006 ext:52613

Dear Parents,

Fall is here, UP aftercare is still on the move and growing daily. I ask that you talk with students at home about the importance of wearing a mask daily for the protection of them and others. So far they are doing well and I just have to do reminders. Please be mindful of early pick-ups and absences.

We are currently discussing prehistoric times and things in that period. I asked the question would able to survive as a caveman? The responses were hilarious. I can see we will have a wonderful time going through this lesson.

Thanks,

Mrs. Tangela Wilson

Lights On Afterschool

Each October 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.



"It does not matter how slow you go as long as you do not stop"
-Confucius



NITA M. LOWEY 21ST CENTURY
COMMUNITY LEARNING CENTERS
FLORIDA

Upcoming Events



October 22

21st Annual Lights On
Afterschool Celebration

How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

