

# BASA: Mainland

## Sherwood Elementary School

2541 Post Road, Melbourne, FL 32935

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Heidi Jacobson T: 321-254-6424 ext. 4002/4004

Dear Parents,

Our Project-Based Learning theme is Insect World. The primary students are working on That Bugs Me Badge and Intermediate students are working on Bug Guide Badge. The crafts are amazing! Please see the displays on the walls in the cafeteria. We have quite a few artists among us.

The students are receiving academic help every day. Please encourage your children to participate in the activities the teachers are preparing daily.

We will be celebrating **Lights On Afterschool on October 24<sup>th</sup>**. The theme is **"It's all about Kindness, In Afterschool...and Beyond!"**

**Please remember that students should not be checked out before 5:47 pm each day. If your child is absent or needs to checkout early for an appointment, please send in a doctor's note.**

### Lights On Afterschool

Each October, 1 million Americans and thousands of communities nationwide celebrate **Lights On Afterschool** to shine a light on the afterschool programs that keep kids safe, inspire them to learn, and help working families.

**Sherwood Elementary** Brevard After School invites you, the parents of Brevard After School children, to spend a few moments, **between 4:30-5:30 pm**, with your child in their afternoon activities. Please join us in crafts and fun with your child and the staff of our Brevard After School program!



"It does not matter how slow you go as long as you do not stop"  
-Confucius



### Upcoming Events



#### Monday, October 14<sup>th</sup>

Student Holiday/Teacher Workday. All Brevard After School Programs will be closed.

#### October 24

Lights On Afterschool 20<sup>th</sup> Year Celebration

#### October 30, 2019

Our next Family Workshop titled

#### Family Ritual ideas that Teach

**Important Lessons** will be held on

Wednesday, from 5:15 – 6:00 pm in room 704 with Mrs. Seus.

### How to Balance Family Needs

Contribution and connection are the keys to balancing your family's needs. As a parent, there are days when it seems easier to do everything yourself, but responsibilities stack up and you may feel stress and resentment. Doing it all yourself also robs children of the value of contributing to the family. Assign children jobs or chores based on their developmental level. Contribution to the family by performing a job eases some of your responsibilities, increases children's senses of well-being, and fosters cooperation. Create time for your family to connect. Five minutes of play a day will reduce power struggles with children by 50%. Setting aside time for connection with your child pays significant dividends in cooperation and contentment.

Becky Bailey – Conscious Discipline

<http://consciousdiscipline.com/resources>

