

BASA: Mainland

Sherwood Elementary

2541 Post Road, Melbourne, FL 32935

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Heidi Jacobson T: 321-254-6424 Ext. 4002/4004

Dear Parents,

We are continuing our Overarching Theme: Super Sleuth. The students are working towards the following badges, Primary: I Spy and Intermediate: Secret Agent

Girl and Boy Scouts continue to come out every other week to work with our students. 4-H Garden comes out once a month and is working with our students in planting and growing a garden.

Our programs will be closed on Monday, February 19th for a Professional Development day/President's Day.

Please remember to attend our Parent Workshop on Feb. 22nd. Each family is supposed to attend 2 parent workshops per year.

Reminders: Please let us know if you have any new phone numbers or a new address. We must have current contact information in case of an emergency.

We will also need a valid email address. We will be implementing a new electronic sign in and out system.

Please make sure your child is attending the program regularly and is staying in the program until 5:47. If your child has any transportation changes, please send a note to Ms. Heidi. You may also contact me by email. My email address is as follows: Jacobson.Heidi@brevardschools.org

Knowledge will bring you the opportunity to make a difference.
-Claire Fagin



Upcoming Events

Feb 19—Professional Development Day-Student Holiday

Feb 22—Parent Workshop—Summer Slide 5:15 – 6:00 pm

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it's you and your kids walking together.
2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day's events without judgment.
3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.
4. Listen to music or watch a family show together.
5. Take a brain break and try deep breathing, stretching, or yoga.

