

BASA: Mainland

Sherwood Elementary

2541 Post Road, Melbourne, FL 32935

<http://sacc.brevardschools.org/21CCLC/SitePages/Welcome.aspx>

Coordinator: Heidi Jacobson Office Number : 321-254-6424 ext. 4004

Dear Parents,

Our last Overarching theme for the school year is World Expeditions. The Badges the students will be working on are: Primary Badge: People and Places, Pack Your Suitcase, and My Wallet. The Intermediate Badge: Global Getaway, Passport, The Mint.

We are still enjoying our weekly sessions with Ms. Beverly Smith from UF Extension Service presenting Kids in the Kitchen. The students are enjoying making and tasting new foods.

Boy Scouts are still coming out every other week and doing activities with the boys and girls.

Mrs. Seus is still working with all the students with ELA, Math and STEM. We also have Ms. Stark, Ms. Borghoff, and Mrs. Vanaselja pulling groups and assisting with ELA, Math, and Science/STEM.

Our Homework time is from 5:00 pm – 6:00. Please encourage your student to complete their homework.

It is very important to remember that our program ends at 6:00 pm. The earliest you can pick up is 5:47. Attendance in our program is mandatory. Please provide doctor's notes for absences. Continued absences may result in removal from the program.

On Wednesday, February 26—Family Workshop- Kids in the Kitchen, presented by UF Culinary. Parents are required to attend 2 workshops per year.

Knowledge will bring you the opportunity to make a difference.
-Claire Fagin

Upcoming Events

Monday, February 17 is a Hurricane Make up Day—BAS programs will be open regular times.

Wednesday, February 26—Family Workshop-Kids in the Kitchen presented by UF Culinary

5 Stress-Busters

1. Take a walk. Physical activity releases chemicals in the brain that help people feel better. Great conversations can happen when it's you and your kids walking together.
 2. Sit down and share a healthy meal together with no distractions. Turn off the television and cell phones. Talk about the day's events without judgment.
 3. Arts and crafts projects are a great way to relieve stress. Try coloring, using modeling compound or clay, painting, or knitting.
 4. Listen to music or watch a family show together.
 5. Take a brain break and try deep breathing, stretching, or yoga.
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